



## **Dr. Green Says No To Drugs**

*Westchester Practice Offers Drug-Free Alternative for Children with Attention Deficit Disorders*

**Mount Kisco, NY (October 5, 2007)** - Dr. Randy Green recently opened a drug-free therapeutic practice in Mount Kisco to consult with children and adolescents identified with Attention Deficit Disorder (ADD) and Attention Deficit Hyperactivity Disorder (ADHD) -- and their parents -- in a safe, positive way.

Incentives for psychiatrists to administer large quantities of drugs, according to Dr. Green, have reportedly come from drug companies themselves. According to the New York Times, drug companies have rewarded doctors for increased prescribing of signature drugs, and for enlisting patient's participation in taking certain experimental drugs.

Similar New York Times articles have reported an increase of children identified with 'Bipolar Disorder' and a corresponding increase in the administration of prescription medication for that purpose by psychiatrists. It has also been reported that some commonly prescribed drugs for children have been linked to higher suicide rates.

Psychiatrists and medical doctors administer medicine to children they *diagnose* with ADD/ADHD and other disorders. However, the idea of *diagnosing*, or attaching negative labels to children identified with these observed characteristics can be devastating to their self-esteem, according to Dr. Green.

"All too often, when children are observed behaving in ways that deviate from the norm, they are labeled with a neuro-biological disorder such as ADD/ADHD, Depression or Bipolar Disorder," said Dr. Green.

"A pejorative diagnosis such as ADD/ADHD or Bipolar Disorder can be traumatic to an adolescent for whom the primary objective is to fit in, be *a part of*, as opposed to different. Especially when *different* means inferior or *flawed*. But a flawed treatment may pose even more of a threat; one that can make the difference between life and death", said Dr. Green.

Katie Couric recently reported on the case of a 4-year old girl who died from an overdose of psychiatric drugs that her doctor prescribed to treat bipolar disorder. While it may be questionable as to whether the parents gave their child more than the prescribed dosage, the case concludes that the little girl most likely never suffered from bi-polar disorder.

"It's very hard to make such a diagnosis when a child is very young," notes Green. "There are other biological and environmental factors that can cause children to act out."

Dr. Green looks at a client holistically, and focuses on the strengths each child possesses from a highly positive, potent and unique position: one that represents the child at his absolute "best" in which he manifests confidence and places his attention on what works in his life. As such, the client goes to a place within him where problems are "not."

Dr. Green begins with the parents of ADD/ADHD children. He believes that as a child's most powerful and influential models, parents can act as change-agents, capable of leading their

children to a more productive lifestyle. Accordingly, Green conducts a group for parents called, "Parental Guidance." Through this profound group experience, he teaches parents to identify and express an extraordinary way of "being" in the presence of their children, guiding them through an exciting journey of "self discovery"; one that can generate an enthusiasm for learning and promote confidence and stability.

**About Doctor Randy W. Green:**

Dr. Green conducts a clinical practice in Mount Kisco and Hopewell Junction, NY. He has published hundreds of articles in several newspaper columns, and volunteers for speaking engagements on a variety of topics.

In an effort to accelerate a desired outcome in Kids identified with ADD/ADHD, Dr. Green conducts a profound group experience for parents called, "Parental Guidance", designed to promote exceptional body-mind awareness that can be modeled for their children. Moreover, he has produced two CDs on ADD/ADHD and conducts a teleseminar for adults on the same.

More information about Dr. Green and what he has to offer may be found at his website:

<http://www.becomingchangeless.com>

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